

## **SOCIAL SERVICE RESOURCES**

**211 INFO:** To get help finding help dial 211 info, or call (503) 222-5555. Calls are answered in more than 150 languages, providing referrals to more than 7,000 nonprofit, government, faith-based, health and social service programs. Business Hours: Monday-Friday 8am-6pm. Online resources are available 24/7 at [www.211info.org](http://www.211info.org)

**Oregon Helps:** Website that helps determine eligibility for help from 33 different services, such as SNAP/food stamps; Oregon Health Plan (OHP); Women, Infants, and Children Nutrition Program (WIC); Temporary Assistance for Needy Families (TANF); Employment-Related Day Care (ERDC); and others. [www.oregonhelps.org](http://www.oregonhelps.org)

**SAFENET:** Information and referral helpline for Oregon. 1-800-SAFENET (1-800-723-3638). Monday – Friday 8a.m. – 6p.m. Resource Directory: [www.oregonsafenet.org](http://www.oregonsafenet.org).  
Beaverton Self-Sufficiency/Multi-Service Center (Department of Human Services, or DHS):  
Call for information about SNAP/food stamps, Oregon Health Plan (OHP); Temporary Assistance for Needy Families (TANF); Employment-Related Day Care (ERDC) and other state programs. Monday – Friday 8a.m. – 5p.m. Phone: (503) 670-9711. Address: 15625 SW Greystone Court, Beaverton, OR 97006.  
[www.oregon.gov/DHS](http://www.oregon.gov/DHS)

**Love INC:** Love INC Beaverton provides vital assistance to at-risk and impoverished families and individuals in the Greater Beaverton community. Church and community resources are used to support individuals and families to provide a holistic approach to meeting their needs. Phones are answered on Monday, Tuesday & Wednesday from 9:00am to 12:00pm. Please call 503-336-5946.  
[www.loveincbeaverton.org](http://www.loveincbeaverton.org)

## **HOMELESS RESOURCES AND SHELTER INFORMATION**

**Beaverton School District Title X Social Support Office:** Students experiencing homelessness and housing instability may qualify for additional social support if they're living in an a shelter, motel, vehicle, inadequate conditions or doubled up with family or friends due to economic hardship. Please contact our office at: 503-591-4462.

**Family Shelters:** Call (503) 640-3263 for the comprehensive Washington County shelter information and to place your name on a waiting list.

**Severe Weather Shelters:** are open seasonally, for the most up-to-date information, or you may contact 211Info by calling 2-1-1 or (503) 222-5555.

**Safe Place for Youth:** Youth ages 14-19. Food, clothing, showers, bedrooms, and case management. Short-term shelter. 454 SE Washington St., Hillsboro, OR 97123. Office: (503) 542-2717. Intake and referrals: (503) 542-2389. [www.boysandgirlsaid.org](http://www.boysandgirlsaid.org)

## **FOOD**

**Care to Share** coordinates assistance to families and individuals seeking emergency food and other basic needs. Address: 17175 SW Tualatin Valley Hwy, Beaverton, Or. 97006. Food Line: (503) 591-9025 Utility Line: (503) 726-0407 [www.CareToShareHelp.org](http://www.CareToShareHelp.org)

## **CLOTHING**

**Beaverton School District Clothes Closet** provides free clothing to low income students enrolled the Beaverton School District in grades K-12. Students can visit the Clothes Closet two times per school year. An admit slip is required. Admit slips are available from at all school offices. The closet is open Wednesdays between 10 a.m. and 7 p.m., Address: 16550 SW Merlo Road, Beaverton, OR 97006.

## **RENT AND UTILITY ASSISTANCE**

**Emergency Rent Assistance** (Community Action): Voicemail only: (503) 615-0770.  
Email:[contact@caowash.org](mailto:contact@caowash.org)  
[www.communityaction4u.org](http://www.communityaction4u.org)

**Energy Assistance** (Community Action): Call for an appointment Monday – Friday 8:30a.m. – 5p.m.; closed Wednesday afternoons. Interpretation services available. 5050 SW Griffith Dr. Ste. 100, Beaverton, OR 97005. (503) 615-0771.

## **ABUSE**

### **FOR EMERGENCY ASSISTANCE, CALL 911**

Washington County Child Abuse 24-hour Reporting Hotline: (503) 681-6917

Washington County Non-Emergency Police: (503) 629-0111

**Domestic Violence Resource Center:** Provides survivors of domestic violence with free and bilingual services for prevention, intervention, and empowerment. Office: (503) 640-5352. 24-hour crisis line: 1-866-469-8600 or (503) 469-8620. [www.dvrc-or.org](http://www.dvrc-or.org)

## **HEALTH**

FOR MEDICAL EMERGENCIES, CALL 911. POISON CONTROL: 1-800-222-1222.

### **Oregon Health Plan (OHP)**

For OHP eligibility and coverage questions or for general information, call 1-800-699-9075 or (503) 378-2666. To request an application, call 1-800-359-9517 or visit [www.oregon.gov/OHA/healthplan](http://www.oregon.gov/OHA/healthplan).

To check the status of your application: 1-800-943-9249. Client services: 1-800-273-0557. Billing questions: 1-888-647-2729 or (541) 523-3602.

**Virginia García Memorial Health Center:** Sliding scale. Accepts OHP. Bring most recent pay stub for a reduced fee. Spanish-speaking staff and many other languages available. Monday and Friday 8a.m. – 5p.m., Tuesday and Thursday 10a.m. – 7p.m., and Wednesday 9a.m. – 5p.m. 2935 SW Cedar Hills Blvd., Beaverton, OR 97005. (503) 352-6000. [www.viriniagarcia.org](http://www.viriniagarcia.org)

### **Washington County Department of Health and Human Services (DHHS)**

Beaverton Location: (503)846-8881. Appointments: (503) 846-8851 Address: SW 2nd Street.

Beaverton, OR 97005. Sliding scale. Immunizations, TB testing/treatment, HIV/AIDS testing, women's health, STD tests/treatment, and family planning. [www.co.washington.or.us](http://www.co.washington.or.us)

## **MENTAL HEALTH AND COUNSELING**

**Washington County Mental Health** 24-hour Crisis Line: (503) 291-9111

**Northwest Family Services:** Free and low-cost programs: individual, couple, and family counseling. Job readiness and placement services. Youth development, educational seminars, parenting and relationship education, school programs, Latino outreach, and summer camps. Couples' workshops: [www.lastingrelationships.org](http://www.lastingrelationships.org). Spanish-speaking staff. 6200 SE King Rd., Portland, OR 97222. For (503) 546-6377. [www.nwfs.org](http://www.nwfs.org)

**Youth Contact:** Sliding scale \$0-\$90. OHP and some private insurance accepted.

Counseling services for youth with problems, including alcohol, drug, emotional, and dependency issues. Expertise with delinquent at-risk youth, with an emphasis on serving the whole family. Spanish speaking Clinicians. Interpretation services for other languages available upon request. Monday – Thursday 9a.m. – 5p.m. After hours by appointment only. 4800 SW Griffith Dr. Ste. 135, Beaverton, OR 97005. Main office: 447 SE Baseline St., Hillsboro, OR 97123. (503) 640-4222. [www.youthcontact.org](http://www.youthcontact.org)

## **SUCIDE**

**Alcohol and Substance Help Line:** 1-800-923-4357. Spanish: 1-877-515-7848.

**Suicide Prevention:** Washington County Mental Health 24-Hour Crisis Line: (503) 291-9111

**National Hopeline Network:** 1-800-SUICIDE (1-800-784-2433).

**National Suicide Prevention Lifeline:**1-800-273-TALK (1-800-273-8255).